

Keystone Elementary School Olweus Bullying Prevention Program(OBPP)

Important Components of the OBPP:

- OBPP Coordinating Committee includes: Mr. McCormick, Mrs. Marshall, Mr. Smith, Mrs. Wingard, Mrs. Hickman, Mrs. Phillips, Mrs. Buckley, Mrs. Fisher, Mr. & Mrs. Cloak(Parent Representatives) and Mrs. McMillen (Parent Representative)
- Annual Kick-Off Event
- Establishment and Posting of Anti-Bullying School Rules
- Administration of the Olweus Bullying Questionnaire and the frequent review and refining of school's supervisory system based on bullying reports and "hot spots"
- Consistent enforcement of Anti-bullying rules and consequences.
- Regular and consistent classroom meetings to build cohesion, communication, and teach rules and consequences of bullying
- Communication with Parents

Keystone Elementary Bullying Prevention Rules

1. I will not bully others.
2. I will help students who are bullied if I can.
3. I will include others in all school activities.
4. I will tell a staff member if I see someone bullying.

General OBPP Information:

- Olweus is the most research-based and widely used bullying prevention program in the U.S.
- The goals of the program are to reduce & prevent bullying, as well as build better peer relationships.
- It was first developed in the 1980's in Norway by Dr. Dan Olweus. The OBPP was later brought to the U.S. in the 1990's.
- We first started this program at KES in the fall of 2008.

What is the Definition of Bullying? (From the Olweus Bullying Prevention Manual)

- A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons, and he or she has difficulty defending himself or herself.

Principles of the OBPP:

- Warmth, positive interest, and involvement are needed on the part of adults in the school. - *be positive, show respect, give praise and encouragement, and focus on a sense of community.*
- Set firm limits to unacceptable behavior- *students need a clear understanding of rules & consequences.*
- Consistently use nonphysical, nonhostile negative consequences when rules are broken
- Adults in the school should function as authorities as well as role models.

