

Keystone Elementary December Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cinnamon Oat Breakfast Cookie or Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
4 Pancake Sausage Wrap 100% Fruit Juice Fresh Apple Non Fat Milk	5 Sausage, Egg, & Cheese Muffin 100% Fruit Juice Mandarin Oranges Non Fat Milk	6 Egg & Cheese Taco 100% Fruit Juice Diced Peaches Non Fat Milk	7 Bacon, Egg, & Cheese Sandwich 100% Fruit Juice Diced Pears Non Fat Milk	8 Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
11 Grab n Go Mini Waffles 100% Fruit Juice Diced Pears Non Fat Milk	12 Sausage on a WG English Muffin (25) 100% Fruit Juice Mandarin Oranges Non Fat Milk	13 Whole Grain Cinnamon Roll 100% Fruit Juice Apple Slices Non Fat Milk	14 Bacon Egg, & Cheese Sandwich 100% Fruit Juice Diced Peaches Non Fat Milk	15 Cinnamon Oat Breakfast Cookie or Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
18 Pancake Sausage Wrap 100% Fruit Juice Apple Slices Non Fat Milk	19 Sausage Egg & Cheese Bagel 100% Fruit Juice Diced Pears Non Fat Milk	20 Egg & Cheese Taco 100% Fruit Juice Fresh Banana Non Fat Milk	21 Bacon, Egg, & Cheese Muffin 100% Fruit Juice Diced Peaches Non Fat Milk	22 Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Elementary School Alternate Options May Include:

- Assorted Benefit Bars
- Breakfast Pizza
- Cereal w/ Donut Hole
- Yogurt w/ Graham Crackers

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

- Fat Free Chocolate, Fat Free Strawberry,
- Fat Free White and Low Fat White



Meal Prices:
 Elementary \$1.30 High School \$1.45
 Elementary \$.30 High School \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

