

Keystone Elementary November Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Ham, Egg, & Cheese Bagel 100% Fruit Juice Diced Pears Non Fat Milk	2 Fresh Baked Cinnamon Roll or Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
5 Fluffy Pancake w/ Sausage 100% Fruit Juice Pineapple Tidbits Non Fat Milk	6 Bacon, Egg, & Cheese Bagel 100% Fruit Juice Mixed Fruit Non Fat Milk	7 Egg & Cheese Taco 100% Fruit Juice Cinnamon Apple Slices Non Fat Milk	8 Breakfast Chicken Sandwich 100% Fruit Juice Mandarin Oranges Non Fat Milk	9 Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk
12 Scrambled Eggs w/Toast 100% Fruit Juice Pineapple Tidbits Non Fat Milk	13 Sausage on a WG English Muffin 100% Fruit Juice Fresh Orange Non Fat Milk	14 Pancake Sausage Wrap 100% Fruit Juice Diced Peaches Non Fat Milk	15 Ham, Egg, & Cheese Bagel 100% Fruit Juice Diced Pears Non Fat Milk	16 Donut Station Create Your Own Donut 100% Fruit Juice Applesauce Cup Non Fat Milk
19 Fluffy Pancake w/Sausage 100% Fruit Juice Pineapple Tidbits Non Fat Milk	20 Bacon, Egg, & Cheese Bagel 100% Fruit Juice Mixed Fruit Non Fat Milk	21 Cheddar Cheese Omelette w/ Cinnamon Toast 100% Fruit Juice Cinnamon Apple Slices Non Fat Milk	22 No School	23 No School
26 No School	27 No School	28 Pancake Sausage Wrap 100% Fruit Juice Diced Peaches Non Fat Milk	29 Ham, Egg, & Cheese Bagel 100% Fruit Juice Diced Pears Non Fat Milk	30 Fresh Baked Cinnamon Roll or Funnel Cake 100% Fruit Juice Applesauce Cup Non Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Elementary School Alternate Options May Include:

- Assorted Benefit Bars
- Breakfast Pizza
- Cereal w/ Donut Hole
- Yogurt w/ Graham Crackers
- Mini Donuts (Powered Sugar & Chocolate Glazed)

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily
 Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White



Meal Prices:
 Elementary \$1.30 High School \$1.45
 Elementary \$.30 High School \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE