

## Medication Requirements for In-School and Field Trip Medications

Dear Parent or Guardian:

March 2006

Due to Pennsylvania State Laws and Regulations the school nurse is no longer able to administer **ANY** medications from home WITHOUT a doctor's order. (this includes over-the-counter medications and prescriptions.)

- **All** medications (including over-the-counter and prescription medications) should be taken at home if at all possible.
- If it is absolutely necessary for a medication to be taken at school the following steps MUST be completed due to Pennsylvania State Laws and Nursing Regulations.

1. A doctor's order must be on file in the nurse's office for **ALL** medications (including over-the-counter medications). 1) A form can be obtained from the nurse's office and can be given to or faxed to the doctor to be completed and returned or 2) A copy of the original prescription may substitute for this form along with a parent signature of permission to administer the medication. The Dr. order and parent signature must be on file in the nurse's office **before** the medication can be given. (**NO** medications (of any kind) can be legally administered without these on file.)

\*Dr.'s order must be specific: Examples – Equate Cold & Sinus, Top Care Cold & Cough, Generic Sudafed, etc.

2. Prescription and over-the-counter medications must be in an original container. (The pharmacy can provide an extra, labeled container for prescription medication for school use.)

- Sending medications in a plastic bag, envelope, or other container is not acceptable. These medications cannot be administered to the student.

We have a standing order from Dr. Grubb (our school Dr.) for the following over the counter medications. They are available in the nurse's office and will be given at the discretion of the nurse as long as a Parent/Guardian's signature is on the back of the Emergency Card.

- |                        |                          |              |
|------------------------|--------------------------|--------------|
| a. Tylenol             | b. Anbesol               | c. Ibuprofen |
| d. Caladryl/Calagel    | e. Antacid               | f. Eye drops |
| g. Antibiotic ointment | h. Kaopectate or Imodium | i. Benadryl  |
| j. Adrenaline          | k. Burn gel              |              |

(for severe allergic reactions)

- Please alert the nurse of any new conditions, allergies, or medications that change during the school year.
- Asthma inhalers must have an Asthma Action Plan completed by the physician and signed by a parent. This form can be obtained through the nurse's office.

In severe cases, students with asthma may need to carry their inhalers with them. This will be permitted with a doctor's order. The student is required to notify the nurse's office when medication is used. The inhaler/medication will be confiscated and the student will lose self-administration privileges if the medication is over used or abused. The parent will be notified, and the inhaler will be kept in the nurse's office.

Please call with any questions.

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