

# Keystone High School May Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Egg & Cheese Muffin (23) Apple Sauce Cup (12) 100% Fruit Juice Non Fat Milk	3 Egg & Cheese Breakfast Taco (17) Sliced Apples ( ) 100 % Fruit Juice Non Fat Milk	4 Ham & Cheese Breakfast Pocket (24) Applesauce Cup (12) 100% Fruit Juice Non Fat Milk	5 Toasted English Muffin w/Jelly (21) Diced Pears (16) 100% Fruit Juice Non Fat Milk	6 Fresh Baked Cinnamon Roll (38) Raisins (30) 100% Fruit Juice Non Fat Milk
9 Warm Biscuit w/Jelly (14) Sliced Peaches (12) 100% Fruit Juice Non Fat Milk	10 Glazed Donut (30) Mixed Fruit (14.3) 100% Fruit Juice Non Fat Milk	11 Ham & Cheese Breakfast Pocket (24) Applesauce Cup (12) 100% Fruit Juice Non Fat Milk	12 Egg & Cheese Breakfast Taco (17) Diced Pears (16) 100% Fruit Juice Non Fat Milk	13 Funnel Cake (43) Raisins (30) 100% Fruit Juice Non Fat Milk
16 Warm Biscuit w/Jelly (14) Sliced Peaches (12) 100% Fruit Juice Non Fat Milk	17 Egg & Cheese Breakfast Sandwich Mixed Fruit (14.3) 100% Fruit Juice Non Fat Milk	18 Ham & Cheese Breakfast Pocket (24) Applesauce Cup (12) 100% Fruit Juice Non Fat Milk	19 Toasted English Muffin w/Jelly (21) Diced Pears (16) 100% Fruit Juice Non Fat Milk	20 Fresh Baked Cinnamon Roll (38) Raisins (30) 100% Fruit Juice Non Fat Milk
23 Grab n Go Breakfast Items Raisins (30) 100% Fruit Juice Non Fat Milk	24 Grab n Go Breakfast Items Mixed Fruit (14.3) 100% Fruit Juice Non Fat Milk	25 Assorted Breakfast Applesauce Cup (12) 100% Fruit Juice Non Fat Milk	26 Assorted Breakfast Diced Pears (16) 100% Fruit Juice Non Fat Milk	

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

**High School Alternate Options May Include:**  
 Assorted Grab & Go Pancakes, Waffles, Pastries, & Breakfast Sandwiches  
 Breakfast Pizza (27)  
 Fruit & Yogurt Parfaits  
 Cereal w/Graham Crackers (50)

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

*MENUS SUBJECT TO CHANGE*



**Milk Choices Offered Daily**  
 Fat Free Chocolate (23) Low Fat White (12)



**Meal Prices:**

**ALL MEALS ARE FREE FOR ALL STUDENTS**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE