

A coach must complete a course under each heading, **ANNUALLY**, prior to holding practice with their students.

Do not pay for any certificates. Screenshot or send email of completion for cardiacwise to aporter@keyknox.com

Concussion Training course (must complete one of the two courses)

NFHS Concussion in Sports (<http://nfhslearn.com/courses/38000>)

Concussion Wise (<https://sportsafety.com/coach/concussionwise/>)

Sudden Cardiac Arrest Training Course

Cardiac Wise (<https://sportsafety.com/coach/cardiacwise/>)